الشركة الوطنية للرعاية الطبية National Medical Care Co.



# Sustainability Report 2023

Caring with every **heartbeat** 







Care Medical is committed to the concept of sustainability and works towards achieving it in its operations, reflecting a long-term strategic vision and concern for the future. We also strive to build businesses based on ethical, environmental, and social principles, that contribute to creating a positive impact on the community around us.

## **Care Values**

- care
- Safety
- Excellence
- Innovation
- Integrity
- Respect
- Teamwork Responsibility
- Fairness
  - Transparency

# **Branches of Care Medical Hospitals**









# **Care Medical Hospitals Active OPD Clinics**

Ar Rawabi	73	Al Haram	Emergency services for critical cases
Al malaz	81	Al Balad	Long-term healthcare

No. of beds in Care Hospitals



# **Subsidiaries**

Subsidiary	Head Office	Company's Capital	Ownership Precentage	The Legal Entity and Activity
Chronic Care Specialized Medical Hospital	Jeddah	67,000,000 SAR	100%	Limited Liability Company - Hospitals
Jiwar Medical Services	Месса	50,000 SAR	100%	Limited Liability Company- Critical Medical Care Centers





Increase in total assets Change percentage change between 2022 and 2023



Increase in total assets Change percentage change between 2022 and 2023



Increase in total assets Change percentage change between 2022 and 2023

# **Care Medical Sustainability Pillars** -

#### Economic and Governance Performance

- Striving to achieve financial performance.
- Operating with transparency.
- Building an ethical culture.

#### **National Contribution**

• Contributing to the Kingdom's Vision 2030.

#### Human Capital Management

- Creating a comfortable and safe work environment.
- Developing our workforce talents.
- Investing in the development of our workforce.

#### **Community Care**

- Maintaining high standards of customer service and satisfaction.
- Providing high-quality healthcare services.
- Contributing to the promotion of health awareness.
- Ensuring customer data privacy.





#### **Environmental Protection**

• Environmental management.

#### Stakeholders

• Strengthening our relationships with stakeholders.

# **Stakeholder Engagement**

Our stakeholders are an essential part of the Company's sustainability, success, and ability to create value for them.



Stakeholders	Method	Manner	
Legislative bodies Regulatory authorities	<ul> <li>Internal Audit Department.</li> <li>Audit Committee.</li> <li>External Audit.</li> <li>Governance, Compliance, and Risk Management Department.</li> <li>Data Governance Committee.</li> <li>Legal Affairs Department.</li> <li>Human Resources Department .</li> <li>Annual Reports.</li> </ul>	Based on the annual and quarterly regulatory requirements, and includ- ing various legislative and regulato- ry bodies, some examples include: Capital Market Authority (CMA)- Lo- cal Content and Government Pro- curement Authority- Saudi Stock Exchange (Tadawul)- Ministry of Com- merce- Ministry of Health- Council of Health Insurance- Ministry of Human Resources and Social Development- Saudi Central Board For Accreditation Of Healthcare Institutions- Saudi Data and Artificial Intelligence Authority (SDAIA).	
Shareholders, analysts, and investors	<ul> <li>Annual Reports.</li> <li>General Meetings.</li> <li>Quarterly and Annual Financial Results</li> <li>Phone Calls and Regular Meetings with Investors.</li> <li>Company's Announcements through the Saudi Stock Exchange (Tadawul).</li> </ul>	Continuous engagement through of- ficial transparent and open channels available to stakeholders.	
Suppliers and Business Partners	Procurement Department.	Routine and regular engagement.	
Society	<ul> <li>Participation in Healthcare Events and Global Health Days.</li> <li>Quality Assurance.</li> <li>Provision of Healthcare Services to the Community.</li> </ul>	Participation by event- Patient satis- faction surveys- Health Endowment Fund.	
Employees	<ul> <li>Human Resources Management.</li> <li>Workshops.</li> <li>Employee Development and Training Program.</li> <li>Whistleblowing Policy.</li> <li>Rewards Policy.</li> <li>Direct Communication Channels for Reporting Corruption or Misconduct.</li> <li>Health Insurance Plans.</li> <li>Incentives and Annual Rewards Policy</li> <li>Code of Ethics and Professional Con- duct.</li> </ul>	Continuous engagement through transparent and open communica- tion channels.	

## **Our Code of Ethics**

	2022	2023
No. of employees who have been terminated or subjected to disciplinary measures related to corruption	0 Employee	0 Employee
Percentage of operations that have been evaluated as corruption-related risks	0%	0%
Percentage of employees who have received training on corruption-related risks	100%	100%
Percentage of employees who have been educated in governance and compliance practices	100%	100%

The Audit Committee, in collaboration with the Internal Audit Department, has reviewed all activities during 2023 and verified the Company's compliance with laws, regulations, policies, and related instructions. They have also reviewed compliance reports from supervisory authorities and ensured that necessary actions have been taken accordingly. The Company>s Governance, Compliance, and Risk Management Department works on educating employees through communication channels and sending weekly messages to raise awareness about governance, compliance, risk management, and setting standards, while emphasizing the importance of compliance and adherence to applicable laws.

## **Compliance with Laws and Regulations:**

The Company's management has allocated departments and positions to ensure the Company's and its Senior Management's compliance with laws, regulations, and market practices, with a commitment to continuously improving the Company's culture.

In recognition of the fact that sound governance is a fundamental tools for long-term shareholder wealth growth, and with a commitment to adhering to best governance and disclosure practices, the Company has established a dedicated Governance, Risk, and Compliance Department. It is responsible for all matters related to the Company's governance, its Board of Directors, shareholder affairs, inquiries, and feedback. The Company has also developed specific governance regulations and policies for the Company and its subsidiaries, aimed at establishing rules and standards that govern the protection of shareholder rights and stakeholders' interests, as well as ensuring compliance with best governance practices. These regulations and policies are binding upon members of the Board of Directors, the Executive Management, and the employees of the Company. The Company also implements its internal governance regulations.

## Adherence to Law, Regulations, and Policies

The Company possesses internal policies that are implemented to ensure a culture of compliance and ethics within the Company.

These policies include, but are not limited to:

- Conflict of Interest Policy.
- Related-Party Relationships Policy.
- Whistleblowing Policy.
- Dividend Distribution Policy.
- Audit Committee Charter.
- Executive Committee Charter.
- Nominations and Compensation Committee Charter.
- Governance Charter.
- Anti-Bribery and Corruption Policy,
- Anti-Money Laundering and Terrorist Financing Policy.
- Board of Directors Charter.
- Policies, criteria, and procedures for Board of Directors' nomination.
- Business Competition Standards.
- Ethics and Professional Conduct Rules.
- Social Responsibility Policy.
- Disclosure Policy.
- Risk Management Policy.
- Procurement Policy.
- Financial Policy.
- Employment Policy.

### **Corporate Governance**

The National Medical Care Company (Care) is committed to implementing the highest standards of corporate governance, which align with the Company's position as one of the leading healthcare companies. The Company strives to fully comply with local laws and international standards, while creating a culture and work environment that encourage trust, transparency, accountability, and the protection of all stakeholders' interests.

Board of Directors: The Company is led by an experienced board of directors who are responsible for implementing controls for all Company operations and conducting continuous reviews of these controls. The Board of Directors also oversees the integrity of financial reports, internal control systems, the adequacy of disclosure procedures, and approval of various internal policies. The Board of Directors is composed of 33% independent members and has a female membership of 11%.

Additionally, the Company's bylaws have been updated to align with the new Law of Companies, and seven policies were updated in 2023.

# **Core Topics**

The National Medical Care Company (Care) defines and discloses the core topics as those that have the potential for the greatest impact on the Company's operations and its stakeholders, as well as the topics that are prioritized for them.

- Corporate Governance.
- Data protection and cybersecurity.
- Customer satisfaction.
- Healthcare.
- Social responsibility.
- Financial performance.
- Sustainable procurement practices.

- Integrating sustainability into daily business operations.
- Human capital development and talent acquisition.
- Alignment with the Saudi Vision 2030.
- Ethics and compliance.
- Keeping pace with technological advancements in healthcare.

## **Our Suppliers**

Care Medical is committed to maintaining transparency levels in the selection process and ensuring accurate evaluations of all our business partners before engaging in any transactions with them.

	2022	2023
The number of suppliers that Medical Care has dealt with.	552 suppliers	633 suppliers
The total value of purchases according to the granted purchase orders	205,988,998.16 SAR	256,101,908.44 SAR
The amount spent on local suppliers	617,966.995 SAR	768,305.73 SAR

The local component represents 99.7% of the total purchase orders.

# **Social Dimension**

All employees of Care Medical Company contribute to enhancing its values and building its reputation by striving to achieve our future goals and ensuring the continuity of success.

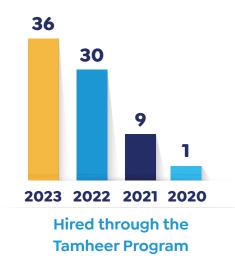


# **Employees by job level**

	2021	2022	2023
Senior Management	9	9	9
Middle-level Management	133	136	152
Personnel	2,012	2,043	2,309

## **Employee Age Analysis**

	2021	2022	2023
18-30 Years	406	520	663
31-50 Years	1,400	1,375	1,530
51+ Years	348	293	277



# No. of beneficiaries of the «Tamheer» Program

2020	2021	2022	2023
21	44	94	131

The investment amount in training and developing Care's employees.

No. of training hours provided to employees

795,247 SAR

6,685 hrs.

Care Medical Company is committed to training and developing its employees in order to maintain its competitiveness and achieve sustainable success. This is done through regular analysis of employee needs and designing suitable training programs to meet those needs.

#### **Diversity and Inclusion**

Care Medical takes pride in having a fair work environment built on respect, tolerance, and collaboration among different cultures and nationalities. It strives to promote diversity and inclusion in the workplace to achieve sustainable success and foster innovation.

#### **Employee Engagement**

Care Medical aims to encourage its employees to participate in corporate social responsibility activities in collaboration with various stakeholders, as it has a positive impact on society and motivates them to cooperate and contribute.

#### Health and Well-being

Care Medical has a range of procedures and policies that focus on health and well-being. One of the key policies is providing a safe and healthy work environment, where compliance with all health and occupational safety standards and regulations is ensured.





2023



2022

#### Percentage of female

employees



# **Employment Analytics by Gender**

	2021	2022	2023
Male Employees	196	169	302
Female Employees	304	345	431

# **Employee Development**

	2021	2022	2023
Training Days Average per Employee	3-5 Days	3-5 Days	3-5 Days
Total No. of Employees Training Hours	5,024 hrs.	1,568 hrs.	6,685 hrs.
Investment in employees training and development	416,186 SAR	301,409 SAR	795,247 SAR

# Saudi Employees Age Analysis

	2021	2022	2023
Saudization Rates	33.94%	33.87%	34.82%
Saudization in Senior Management	/8% 66		66.67%
Total No. of Saudi employees 731		741	860

# **Saudization Award**

Care Medical has been awarded the Labor Award by the Ministry of Human Resources and Social Development for the year 2023, in recognition of their efforts in Saudization in the healthcare sector. This reflects our commitment and endeavor to achieve Saudi Arabia's Vision 2023 by increasing employment opportunities for Saudi men and women and contributing to their recruitment.



الموارد البشرية والتنمية الاجتماعية



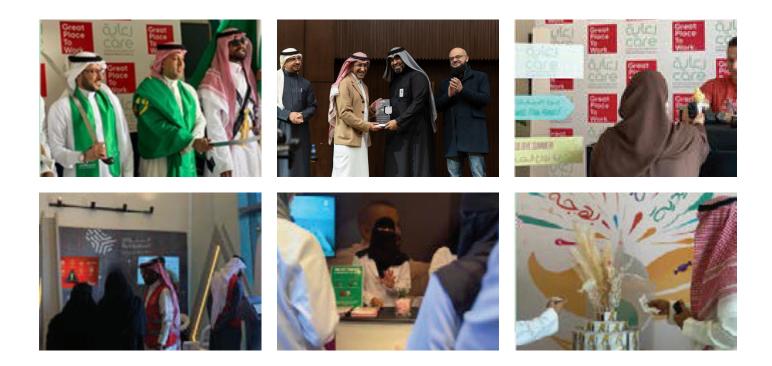
# الفائز في **قطاع الصحة**



# Care Medical has Obtained an accreditation distinguished Work Environment for the year 2023.

# Great Place To Work® Certified MAR 2023-MAR 2024 KSA TM

In order to prioritize the well-being of its employees and enhance their experience, Care Medical, represented by the Human Resources Department, has been keen to organize a number of initiatives and participate in national events. These include commemorating occasions such as Foundation Day, Flag Day, and National Day. As part of its commitment to its employees, the Company participated in celebrating local occasions and participating in international days as part of an annual calendar. For example, the holy month of Ramadan, Eids, World Health Days,



# **Job Satisfaction Level**





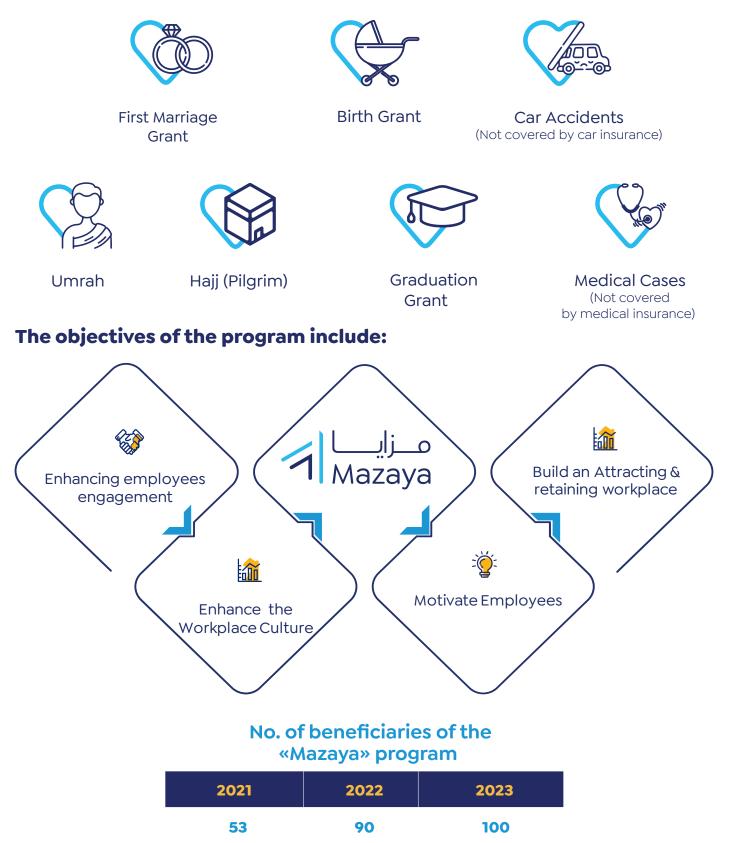


2022

## Mazaya Program

The Human Resources sector has launched the «Mazaya» program to provide rewards and support to Care Medical employees

## The support provided through the «Mazaya» program includes:



## Nursing

Nursing is considered one of the most important professions in the healthcare sector, and thus, Care Medical ensures that it has a qualified nursing staff with the necessary experience and knowledge to handle various healthcare cases. They are dedicated to providing personalized care and individual attention to each patient while maintaining the highest standards of safety and quality.



The precentage of nursing staff among the Care Medical employees



FORUM FOR SHARED GOVERNANCE CMM gained the highest response rate among other accredited hospitals.



Organizing an awareness event during World Immunization Day 2023: Promoting awareness about the importance of immunization and vaccines.



Gained Age-Friendly Accreditation



Nurse Led Clinics



World Children's Day Celebration



Opening of CARE Medical - Al Haram

## **Care Academy**

Care Medical Academy was established in February 2016 with the aim of providing high-quality training and education services across all units of Care Medical Company. It has focused on continuous education programs for both clinical and non-clinical specialties, as well as initiatives to promote patient health, community and school programs, and pre- and post-graduation training programs. Since 2016, Care Medical Academy has obtained several accreditations from the Saudi Commission for Health Specialties, including the Saudi Board in Internal Medicine, Pediatrics, Obstetrics and Gynecology, Surgery, and Anesthesiology. It has also participated in cooperative programs with the Saudi Commission for Health Specialties, such as specialized training programs for patient care, dental assistants, health security, and the Central Supply and

Sterilization Department (CSSD).

Driven by its vision, the Academy is dedicated to the development and support of medical students and practitioners by providing effective administrative training, aiming to help them assume leadership roles in the continuing improvement of the performance of the healthcare ecosystem.

In addition to keeping up with the latest developments and achieving the highest training quality standards in the programs offered to individuals, the Academy seeks to enhance the outcomes of education and continuous training, elevate the skills of individuals and the community, and establish partnerships between hospitals and universities to elevate all areas of training.

#### **Services provided:**

- Student Training.
- Training Programs for Medical College/University Students, Interns, and Residents.
- Employee Training and Development.
- Training Courses for Accreditation and Reaccreditation of the Cardiopulmonary Resuscitation (CPR) Department: Advanced Cardiac Life Support, Basic Life Support, and Pediatric Advanced Life Support.
- Health Education and Support.

- Facilitating Access to Medical Library and Electronic Resources.
- Offering a range of specialized short and long courses, workshops, mini-seminars, conferences, and daily activities.
- Collaborating with the Saudi Commission for Health Specialties (SCFHS) to implement cooperative medical training.
- Community Education.

### **Beneficiaries**

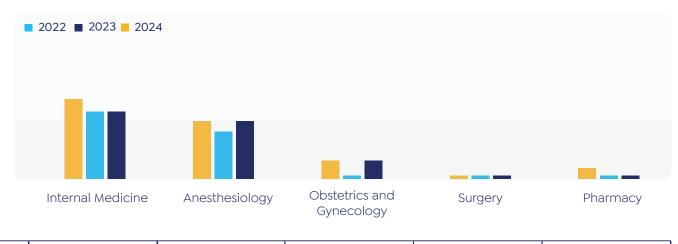
• Internally: Physicians and healthcare professionals, nursing department and allied medical specialties, and hospital (administrative) staff.

- Externally: College/university hospitals' | Medical Students (in colleges/ universities).
- Healthcare providers

#### Residency Training Programs In collaboration with SCFHS

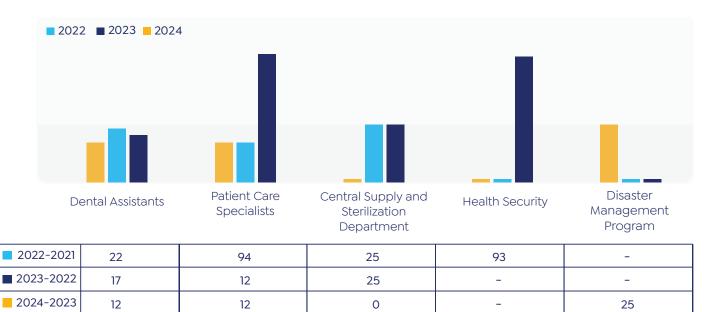
- Obstetrics & Gynecology.
- Pharmacy.
- Surgery.
- Anesthesia.
- Internal Medicine.
- Pediatrics.

# **Residency Training Programs**

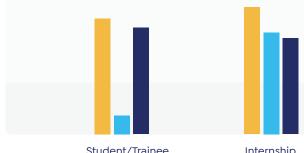


20	8 8	6	-	-	-
20	8	7	2	-	-
20	9	7	2	-	1

# **Cooperative Programs with the Saudi Commission for Health Specialties**



# **Medical Students and Interns**



	Student/Trainee	Internship
2021	227	1,191
2022	1,362	1,046
2023	1,461	1,603

Student/Trainee

Internship

# **Environmental Dimension**

- At Care Medical, we have an environmental policy that includes the Company's goals and strategies, compliance with relevant laws and regulations, and continuous improvement of our environmental performance through key performance indicators, as well as We also ensure regular review and updating of the environmental policy and key performance indicators by the Safety and Quality Management Committee.

- Care Medical follows the programs of the Saudi Food and Drug Authority and of the Ministry of Commerce to reduce air emissions, with a focus on clean technologies, energy efficiency, and sustainable practices.

- Care Medical actively promotes recycling of various products, including paper, cardboard, plastic, and metals. These materials undergo specialized recycling processes to ensure responsible waste management.

- In terms of energy conservation, we have implemented Facility Management Systems (FMS) along with energy monitoring programs to save energy. We use low-ampere LED lights, motion sensors, and work towards the basic level of LEED certification. We are also committed to increasing the proportion of renewable energy through agreements with INOVA, a company specializing in single energy.

- The total energy consumption reductions achieved as a result of conservation and efficiency initiatives are approximately 20%.

- We have implemented Sewage Treatment Plant (STP) programs for water recycling and reuse in agriculture as part of our commitment to achieve sustainable water management.





- Care Medical contributed to the leading energy audit project in the commercial sector.



Direct energy consumption per employee



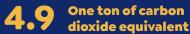
Total water consumption per employee



Total paper consumption



Total recycled paper



dioxide equivalent

The total emissions of greenhouse gases per employee



The total electricity consumption per employee

2,312 kilo

Total waste generated



Total recyclable waste





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